

## Real Choice Systems Change & Aging and Disability Resource Center/ Area Agency on Aging FY 2008 Grant Application Abstract

California submitted a coordinated Person-centered Hospital Discharge Planning Model and Enhanced Aging and Disability Resource Centers grant proposal on June 17, 2008. In partnership with the California Health and Human Services Agency (CHHS), the California Department of Health Care Services (DHCS) proposes using a three-year Person-centered Hospital Discharge Planning grant for up to \$800,000 to modernize its existing Medical Case Management (MCM) Program through several endeavors, including the development and implementation of a replicable and sustainable Person-centered Hospital Discharge Planning Model; and CHHS proposes enhancing California's Aging and Disability Resource Connection (ADRCs) programs with a three-year grant for up to \$500,000 to enhance California's ADRCs. Together these complementary efforts will represent the **California Person-Centered Care & ADRC Project**, a three-year grant project funded up to \$1.3 million in federal funds. The target population for the Person-centered Hospital Discharge Planning Model will be eligible Medi-Cal (California's Medicaid program) beneficiaries and their caregivers. The target population for the enhanced ADRCs will be all persons, and their caregivers, with long-term services and support needs.

California is dedicated to achieving the following fundamental health and social service goals: 1) to ensure safe and person-centered discharges for all Californians; and 2) to maximize opportunities for individuals with long-term services and support needs to live in the community. With a Person-centered Hospital Discharge Planning grant, the State intends to move closer to meeting its first goal by modernizing and strengthening MCM Program core operational practices to meet current *and* future beneficiary, provider, and systems challenges. DHCS' MCM Program has been working collaboratively for over 15 years with hospital discharge planners statewide to identify hospitalized fee-for-service (FFS) Medi-Cal beneficiaries who need or would benefit from additional assistance in preparing for and transitioning back home after discharge. Approximately 70 MCM Program registered nurses employed by the State provide this assistance to approximately 5,000 Medi-Cal beneficiaries every year throughout the state. DHCS would use the grant to: 1) conduct a predictive modeling analysis of Medi-Cal paid claims data (to profile beneficiaries and/or beneficiary groups who could benefit from MCM to avoid emergency department visits or hospitalization) and then use the study findings to develop and implement appropriate screening tools and protocols; 2) analyze evidence-based hospital discharge and patient empowerment models and pilot-test a selected model; and 3) develop a cross-agency Steering Committee with representatives from various State departments and State systems/initiatives, including the MCM Program, ADRCs, etc.

California currently hosts six ADRCs. If awarded a Person-centered Hospital Discharge Planning Model/Enhanced ADRC/SEP grant, California would move closer to meeting its second goal by bringing two of the state's six ADRCs, San Diego and San Francisco, in full alignment with two of the more advanced ADRC models, Riverside and Orange County. The latter have already incorporated the Coleman Care Transitions Intervention, a person-centered hospital to home discharge planning program into their service structure designs and have expanded their target populations to serve all persons with disabilities. San Diego and San Francisco ADRCs would employ both of these elements in their design and would also participate in cross-agency Steering Committee activities.

A combined Person-centered Hospital Discharge Planning and Enhanced ADRC award would enable California to continue meeting the needs of older adults and persons with disabilities with a more integrated, responsive, and community-oriented health and social service delivery system.